

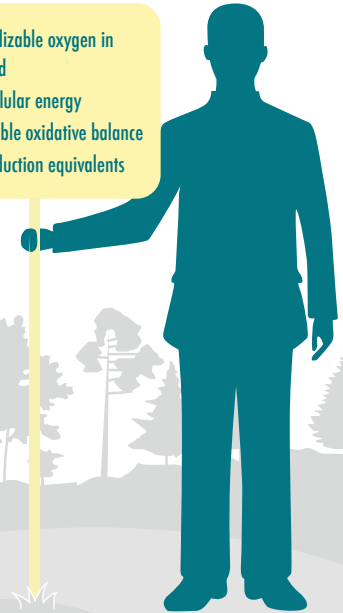
ACTIVATED OXYGEN



PHOTONS



- more utilizable oxygen in the blood
- more cellular energy
- more stable oxidative balance
- more reduction equivalents



# Learned from the sun...

## The Somatovital therapy

Naturopathic method to activate the endogenous self-healing powers and everyday regeneration by means of energized oxygen as a background therapy in support of conventional medical procedures.



### The Somatovital therapeutic products from Airnergy

#### Spirovital therapy (SVT)

- Inhaling the energized breathing air via a nasal cannula for 21 min, with critically ill patients starting slowly and intensity raise gradually. A cure with 2 up to 3 inhalation sessions per week / for serious chronic diseases even several times a day.
- Devices are available in different configurations, e.g. "Professional Plus": 4 catalysts, 3 performance levels, 35 x 33 x 35 cm, 4.4 kg.



#### Additional options:

Aroma therapy bottles diversify the functionality of the device, fortifying the energized breathing air with essential (aroma) oil molecules.



#### Gastrovital therapy (GVT)

- Drinking the energized water (produced during each application by the sparkling element in the water bottle of the inhalation device) following inhalation.



#### Dermovital therapy (DVT)

- Placing the device ("Stream") onto the affected area of the body, duration of applications 5 – 20 min, preferably several times a day.
- Approx. 12 x 8 x 10 cm, 150 g.



## The importance of oxygen for the human body

Oxygen is vital for the maintenance of all metabolic processes in every cell of the human body. Disease, age, stress and environmental factors, however, inhibit the ability of the body to optimally utilize the oxygen in the air we breathe. The consequence is permanent impairment of vital bodily functions – resulting in the worsening of existing diseases, additional diseases and disorders.

## What is Somatovital therapy?

The Somatovital therapeutic concept by Airnergy consists of three therapies: Spirovital therapy (SVT) as an inhalation application, Gastrovital therapy (GVT) as a drinking application, and Dermovital therapy (DVT) for application to the skin.

## What happens during the Airnergy energizing?

Just like in the sunlight, in the presence of specific sensitizers (similar to chlorophyll) atmospheric oxygen is briefly activated. Upon the relapse into the ground state energy photons are emitted. The application of Airnergy devices facilitates the absorption of those photons via the lungs (SVT), the stomach (GVT) or the skin (DVT), where they have an immediate effect on the cells both locally as well as transcellular. At the same time, the photons propagate through hydrogen bonds via the vascular system ubiquitously throughout the body and so intervene in multiple micro-reactions of the body.

## What processes in the human body are activated by Somatovital therapy?

Unlike conventional oxygen therapies, the human body is neither flooded with more oxygen, nor ionized oxygen or ozone. Instead, the sufficient oxygen in the ambient air is processed so that it can be better utilized by the body and thus improve the body's own healing powers:

1. Increased release of oxygen from blood to tissue (achieved by increasing the peripheral separation of oxygen from hemoglobin in the erythrocytes or red blood cells).
2. Increased oxygen utilization in the mitochondria (through activation of the enzyme cytochrome oxidase) with raised ATP production, i.e. increased energy production within the cells.
3. Enhanced elimination of (harmful) oxygen radicals or free radicals (by inhibition of the NADPH oxidase activity) and thus stabilizing a healthy oxidative balance in the body.
4. Provision of reduction equivalents (enhancing the immune system, harmonization of the basal tissue, strengthening the detoxification function of liver, increased release of the happiness hormone serotonin).

## How can be evidenced the Somatovital therapy effect on the individual user?

The therapeutic potential of Somatovital therapy was first studied in laboratories and clinically in healthy test subjects and athletes, prior to any administration of the therapy to patients. In the latter case, any measurement of the specific effect of Airnergy applications with existing measurement methods is comparatively difficult as Somatovital therapy is and should also be used in combination with other therapeutic procedures – constituting a background therapy in the support of traditional therapies and other natural remedies.

Of particular value in terms of quantifying any specific effectiveness in individual users is the measurement of heart rate variability (HRV). The recorded data indicate the condition of the autonomic nervous system (VNS), which connects all cells, tissues and organs of a person via the network of hormones, immune system as well as the psyche, and has direct influence on the body's ability to regulate and thus to health and/or illness.

In addition to the recorded and statistical data, specific observations and personal experiences of Airnergy users and therapists are principle reference.

### 1. Measurement of heart rate variability (HRV)

A Somatovital therapeutical application, in particular the use of an inhalation device (Spirovitalisation), results in increased responsiveness and variability of the heart rate. Even after a single Airnergy application a positive change can be seen in the HRV analysis in relation to the initial situation of the individual person. The change refers to the optimization of function and regulation of the body.

### 2. Therapeutic observation

#### Exemplary statements of therapists

"... the quality of life can be improved significantly in most patients ..."  
"... the response of the patients [is] highly satisfactory ...";  
"... the symptoms are very often significantly alleviated ...".

### 3. Subjective perception

#### Exemplary testimonials of individual users:

"... I am still amazed at how quickly I felt unexpected results ...";  
"... it was a blessing. My husband was bestowed precious months without pain and improved quality of life ...".

## For which diseases and disorders has Somatovital therapy proven itself?

Somatovital therapy represents a so-called background therapy on basic regulation processes. It unfolds its effects both in the cells as well as in the extracellular tissue, and can operate through networking in many parts of the human body; primarily in highly oxygen-dependent, metabolically active organs and structures, and secondly in those areas particularly subjected to radical attacks.

## Users and therapists report success notably in the following areas:

### Organic diseases:

- cardiovascular diseases, circulatory disorders
- lung diseases such as COPD and emphysema
- chronic and degenerative diseases
- metabolic diseases and immune system
- nervous system and autoimmune diseases
- pre- and postoperative symptoms

### Functional disturbances of:

- physical performance and recovery
- sleep disorders and fatigue, lack of concentration
- lack of motivation, depression and burnout
- impairment of sensory functions
- Aging processes

**So far, no side effects of Somatovital therapy are known.** These are also unlikely to appear on the basis of theoretical knowledge, since the human body is only supplied with natural energy (and no foreign substances), which any body in good health and under optimal conditions can produce in ample quantity from the air we breathe on its own. Temporary initial worsening in response to the commencement of treatment indicate the intended stimulation of the body's endogenous self-healing powers, and which may also occur with other natural remedies.

## Recognition as iGeL

A refinancing is often given in a short period. As the BDI (Professional Association of German Internists) confirmed in an expert opinion, the Airnergy inhalation therapy is recognized in Germany as a medical service not covered by health plans to be paid for by the patient (iGeL) and, as such, can be prescribed and billed by doctors, therapists and health insurances.

*\*Awarded with the Science Award of IPO (International Prevention Organisation, Brussels/Fulda) 2014.*

## Literature on Somatovital therapy

### Clinical and laboratory studies

- Hottenrott, K., et al., „Wirkungen aktivierter Wassermoleküle in der Atemluft auf die autonome Regulation“. Hottenrott, K., et al. (Hrsg.), *Herzfrequenzvariabilität*. Hamburg, 2009 (224–231)
- Hulten, L., et al., „Harmful Singlet Oxygen can be Helpful“. *Free Radic. Biol. Med.*, 27, 11/12, 1999 (1203–1207)
- Martusevich, A. A., et al., „Influence of Singlet Oxygen Inhalation on the State of Blood Pro- and Antioxidant Systems and Energy Metabolism“. *Bull. Exp. Biol. Med.*, 156, 1, 2013 (41–43)

### Theoretical considerations & analysis of testimonials

- Jung, K., „Aktivierte Atemluft: Besserung bei vielen funktionellen Störungen“. *nhj*, 09, 2007 (29–32)
- Jung, K., et al., *Handbuch der Somatovitaltherapie*.  
- *Teil I: Wissenschaftliche Grundlagen*. Münster, 2013  
[ISBN 978-3-95645-062-4]  
- *Teil II: Studien und Praxiserfahrungen*. Münster, 2015  
[ISBN 978-3-95645-353-3]

Summaries on the significance of Somatovital therapy for specific clinical indications inclusive of testimonials can be made available by Airnergy upon request.

If interested, you may also search the following Internet portals:

- Youtube channel:  
[www.youtube.com/user/airnergycom](http://www.youtube.com/user/airnergycom)
- Airnergy Website:  
[en.airnergy.com](http://en.airnergy.com)



Airnergy International GmbH  
Wehrstr. 26 | D – 53773 Hennef  
Fon + 49 (0) 2242 9330-0  
Fax +49 (0) 2242 9330-30  
Email: [info@airnergy.com](mailto:info@airnergy.com)



[en.airnergy.com](http://en.airnergy.com)